



Making Herbal Oils, Salves & Lip Balms: Making Herbal Remedies At Home Vol. 4

Robin Nelson-Shellenbarger

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This is a valuable study for those wanting to make educated choices in the treatment of their own individual health and well being. Making herbal products at home is becoming more and more popular as the times go by. This course is designed to help you learn how to make your own herbals in a step by step format. From the spices we cook with, to use in tea, understanding herbs and their properties can be of great benefit to the whole family. In this book you will learn in depth how to make herbal oils, salves & lip balms. Book covers: Step by Step illustrated instructions for making herbal oils and salves Basic infused oil preparations for dried & fresh herbs Infused oil healing properties Essential oil healing properties Basic lip balm making method Several recipes for herbal oils, salves & lip balms Will help you make decisions on what herbs are best to use for the purposes needed



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