



# Worthy to Win: When You Know the Potential is There

*Mr. Joey T. Johnson*

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## **Worthy to Win: When You Know the Potential is There** Mr. Joey T. Johnson

Worthy to Win - Emerging from fear and self-doubt, When you know the potential is there. Worthy to Win is a 8-step mental performance process that establishes a mindset for success. The process helps people overcome the fears and doubts that inevitably lead to self-sabotage. Using a competitive sports metaphor, Worthy to Win takes the reader on a quest to understand the secrets to unlocking an individuals potential through getting to know themselves at a core level.

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