



Fencing (Know the Game)

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Fencing (Know the Game)

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Know the Game Fencing is the perfect introduction to the sport for all ages, whether you are a keen club player or beginner. It is packed with expert text, clear illustrations and photographs of the professionals in action. The book includes: Equipment and clothing - step by step through the different weapon parts and protective clothing worn Basic movements - from On Guard to Lunge, Fleche and Balestra Scoring - how to keep score The skills - step-by-step guide to all the basic skills, from holding the foil to parries, attacks and defences Variations - including fencing with foil, epee and sabre The Know the Game series is firmly established as the definitive introduction to a wide range of sports and games. Written by the experts, you can be sure that they contain everything you need to know to take part.

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