



Male Mid-Life Crisis: Psychological Dynamics, Theological Issues, and Pastoral Intervention

Justin K. Lim

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In *Male Mid-Life Crisis*, Justin K. Lim investigates this phase of human life through the perspectives of analytical psychology and through existential theology. Research suggests 80 percent of men suffer from this crisis, and that it is not limited to any culture or period of history. He applies his findings to pastoral/spiritual interventions, seeking deeper and broader psychological and theological insights.

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