



My Bipolar Backpack, a Memoir: To the Bottom of Mental Illness and Back

Susan Ralphe

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In this powerful memoir, *My Bipolar Backpack, To the Bottom of Mental Illness and Back*, Susan Ralphe employs sharp storytelling skills honed over a long newspaper reporting career to tell her own story of long-term, heart-wrenching bipolar madness and recovery from it.

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