



# Aquafaba: Sweet and Savory Vegan Recipes Made Egg-Free with the Magic of Bean Water

*Zsu Never*

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The bean liquid we used to throw away turns out to be one of the most astonishing culinary discoveries of the decade. With its amazing egg-replacement abilities, miraculous "aquafaba" can be used as an egg-replacer to make everything from French toast to lemon meringue pie. Aquafaba can be used as a binder in both sweet and savory recipes and is a boon to vegans, people with egg allergies, as well as anyone interested in innovative cooking with a magical new ingredient.

*Aquafaba* includes the story of how the bean liquid properties were discovered, how to use it, and how to make fabulous recipes, including:

- waffles
- crepes
- quiche
- burgers
- macarons
- marshmallows

Aquafaba can even be used to make dairy-free cheese, ice cream, butter, and so much more. The book also includes a chapter filled with recipes that use the chickpeas and beans that remain after using their liquid to make aquafaba.

The latest title by San-Diego-based author Zsu Dever (author of *Vegan Bowls* and *Everday Vegan Eats*), *Aquafaba* features Zsu's signature photography, her easy-to-follow instructions, and metric conversion charts.



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This Aquafaba: Sweet and Savory Vegan Recipes Made Egg-Free with the Magic of Bean Water book is not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is information inside this reserve incredible fresh, you will get facts which is getting deeper you actually read a lot of information you will get. This Aquafaba: Sweet and Savory Vegan Recipes Made Egg-Free with the Magic of Bean Water without we comprehend teach the one who examining it become critical in thinking and analyzing. Don't become worry Aquafaba: Sweet and Savory Vegan Recipes Made Egg-Free with the Magic of Bean Water can bring when you are and not make your bag space or bookshelves' turn out to be full because you can have it in the lovely laptop even mobile phone. This Aquafaba: Sweet and Savory Vegan Recipes Made Egg-Free with the Magic of Bean Water having good arrangement in word and also layout, so you will not truly feel uninterested in reading.

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