



Reclaim Your Dreams - A Workbook for Busy Women: The Practical Approach to Discover and Take Action on Your Bold, Meaningful Dreams

Paula Grieco

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“I cannot express in words how meaningful this has been... I’m so very grateful that you have created this process. I know this is a life-changing ‘pivot’ point for me!” -Technology Executive “I’m blown away.... I’m an avid reader and have devoured a gazillion self-help books over the years. Your work rings true.” -Stay-at-home Mom

When is the last time you set aside time to reflect on what you want your life to be about?

Reclaim Your Dreams provides you with the tools and a simple, elegant process to intentionally explore, identify, and take action on your boldest goals and desires using a real-life, practical approach that is doable within your busy life. It was developed from research and built upon the success of the Reclaim Your Dreams workshop series for busy women.

Through reflective, fun, and approachable Take 5 (5-15 minute) questions and exercises, you may {re}discover several dreams or become clear on one specific goal that you are ready to claim. By the end of the workbook, you will choose and take action on a meaningful dream.

Whether you feel that you have left a part of you behind, are in transition and ready for new goals, or are unsure of exactly what your dreams are, this workbook was written for you.

Thoughtfully considering and identifying bold dream(s) is often neglected in our busy lives. Yet, research shows that taking the time upfront to gain clarity on what you want your life to be about and what your goals are is powerful and life-changing.

Join other women who are creating extraordinary meaning and reclaiming their dreams and their lives. Those bold dreams buried deep within your heart are wondering what you are waiting for.

Join us at www.paulagrieco.com

#reclaimyourdreams #reclaimyourlife

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Travis Freeman:

Now a day people who Living in the era exactly where everything reachable by connect to the internet and the resources included can be true or not involve people to be aware of each information they get. How many people to be smart in receiving any information nowadays? Of course the answer is reading a book. Reading through a book can help people out of this uncertainty Information particularly this Reclaim Your Dreams - A Workbook for Busy Women: The Practical Approach to Discover and Take Action on Your Bold, Meaningful Dreams book because book offers you rich data and knowledge. Of course the information in this book hundred per-cent guarantees there is no doubt in it as you know.

Lila Smith:

Are you kind of busy person, only have 10 or 15 minute in your day to upgrading your mind talent or thinking skill also analytical thinking? Then you are having problem with the book than can satisfy your short period of time to read it because all this time you only find book that need more time to be learn. Reclaim Your Dreams - A Workbook for Busy Women: The Practical Approach to Discover and Take Action on Your Bold, Meaningful Dreams can be your answer mainly because it can be read by you actually who have those short time problems.

Duane Zook:

Within this era which is the greater individual or who has ability in doing something more are more treasured than other. Do you want to become among it? It is just simple way to have that. What you must do is just spending your time not much but quite enough to experience a look at some books. On the list of books in the top collection in your reading list is actually Reclaim Your Dreams - A Workbook for Busy Women: The

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