



# Nurse Practitioner Manual of Clinical Skills, 2e

*Sue Cross BSc(Hons) PGCE RN NPDip, Vanny Rimmer BSc(Hons) Health Studies NPDip QN RGN*

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This is a comprehensive skills manual designed for students and qualified Nurse Practitioners in health care who are learning to talk to patients, examine them, and to understand and assess their problems. It deals with the health history, common and important symptoms, and the assessment of mental status. In sections devoted to body regions and body systems, the book describes the sequence and techniques of physical examination, and helps the reader to identify selected abnormalities. It emphasizes common or important problems (rather than the infrequent or esoteric) found in both adult and childhood conditions. The sections are designed to help readers apply their knowledge to interpreting symptoms, examining the human body, and understanding physical signs. It is an invaluable resource written specifically for Nurse Practitioners by Nurse Practitioners.

- each chapter follows a template to enable quick access to and assimilation of information
  - comprehensive coverage of all body systems will reassure NPs that the book contains everything they need to know about
  - written and edited by Nurse Practitioners to ensure it meets the need of practising NPs
  - it emphasizes common or important problems (rather than the infrequent or esoteric) found in both adult and childhood conditions so the content is immediately applicable to clinical practice
- 
- More material relating to health education and management of minor illness
  - More reference to lab findings and implications of results
  - Guidelines on recording specific finding in clinical notes
  - New chapters on men's health and women's health Health promotion and prevention of disease incorporated into all chapters

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