



Adult Coloring Journal: Co-Dependents Anonymous (Mandala Illustrations, Pastel Floral)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Mora Miller:

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Anthony Edwards:

This book untitled Adult Coloring Journal: Co-Dependents Anonymous (Mandala Illustrations, Pastel Floral) to be one of several books which best seller in this year, honestly, that is because when you read this e-book you can get a lot of benefit in it. You will easily to buy this specific book in the book retailer or you can order it through online. The publisher of this book sells the e-book too. It makes you quickly to read this book, because you can read this book in your Touch screen phone. So there is no reason for your requirements to past this book from your list.

Iris Robertson:

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Inez Tuller:

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