



Mistrust: Developmental, Cultural, and Clinical Realms

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Humans are weak. Lacking the claws and thick skins of other animals, we are forced to rely on members of our own species to survive and flourish in the world. The fact that the human infant is born in an utterly helpless state also makes others' protective care necessary. Attachment, bonding, concern, and mutuality thus become cornerstones of human existence. Trust also enters this equation. Originating in the early mother-child relationship, trust continues to grow, get contextually refined tempered by reality testing, and gain nuances throughout the subsequent adult life. Its absence (mistrust) or malformation (distrust) contributes to psychopathology and is responsible for much intrapsychic distress and interpersonal strife.

Given its formative significance and its crucial role in the therapeutic process, one is surprised by the paucity of psychoanalytic writings specifically devoted to the topic of trust and mistrust. Few, if any, monographs on trust exist. This new book, edited by Salman Akhtar, fills this gap. A collection of essays written specifically for this volume, it deals with the ontogenesis, psychopathology, cultural vicissitudes, and technical implications of trust and mistrust. Distinguished psychiatrists, psychoanalysts, and litterateurs provide penetrating insights on normative, relativistic, and morbid phenomena in this realm. Seamless blending of theory and technique makes the book both scientific and useful. The reader is assured an informative map of a psychic terrain that is fundamental to human existence.

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