



Staying Up, Up, Up in a Down, Down World: Daily Hope for the Daily Grind

Zig Ziglar

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Hope is the foundational quality of all change, and encouragement is the fuel which keeps our hope alive. That's what this audio book is about. Do you have five minutes a day to spare? If so, you can experience a fresh take on life—renewed hopefulness, greater motivation, and deeper inspiration—simply by beginning each morning and ending each evening with this audio book. *Staying Up, Up, Up in a Down, Down World* is chock-full of encouragement to help you defy the daily grind of living that can weigh you down. Inspiring vignettes, humorous anecdotes, hard-hitting quotes, and well-chosen scriptures will not only bolster your spirits but also encourage you to pursue the fulfilling life of your dreams. Don't waste another moment tugged down by the troubles of life. Instead, grab hold of these encouraging words from Zig Ziglar and before long, you'll be soaring onward and upward.

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