



Usta Recreational Tennis Curriculum

United States Tennis Association

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The United States Tennis Association's Recreational Tennis Curriculum is designed to make the teaching of tennis more effective and rewarding for coach and student alike. You'll find that these lesson plans combine fun group activities with a solid base of skill development. There are 36 group lesson agendas, each of which gives the teacher a minute-by-minute schedule and guidelines for conducting games and drills. There are also a number of suggestions for special event days. In short, this guide gives you, the tennis teacher or coach, many of the tools necessary to pack as much fun and good tennis as possible into a group instruction series. This guide is a companion piece to the USTA Schools Program Curriculum which is currently being used to introduce tennis to millions of school children across the country.

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