



# **Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Rainbow Canvas)**

*Courtney Wegner*

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## Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Rainbow Canvas)

Courtney Wegner

Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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#### **Paula Mayo:**

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#### **Elizabeth Nicholson:**

Playing with family in the park, coming to see the water world or hanging out with good friends is thing that usually you may have done when you have spare time, then why you don't try thing that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Rainbow Canvas), you are able to enjoy both. It is great combination right, you still would like to miss it? What kind of hangout type is it? Oh seriously its mind hangout people. What? Still don't understand it, oh come on its called reading friends.

#### **Mark Smith:**

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