



# **Dementia Beyond Drugs, Second Edition: Changing the Culture of Care**

*G. Allen Power*

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## **Dementia Beyond Drugs, Second Edition: Changing the Culture of Care** G. Allen Power

Reducing the use of psychotropic drugs in the symptomatic treatment of dementia is key to successfully implementing compassionate, person-centered practices in your organization—and this book shows clearly why and how it can be done. The revised second edition of this award-winning resource introduces new research, language, and examples to reinforce the core message that antipsychotic medications are *not* the solution to ease the distress experienced by individuals living with dementia. Outlined here is the information and inspiration you need to provide alternative solutions for individualized support and care.

### **IN THIS BOOK YOU'LL FIND:**

- enlightened models to reduce the use of harmful medications by understanding and addressing underlying causes of distress
- a pathway to accomplish drug-reduction goals established by the U.S. Centers for Medicare and Medicaid Services (CMS)
- discussions of new drug studies and government reports on the dangers and ineffectiveness of antipsychotic medications in the treatment of people living with dementia
- recognized best practices in dementia care and their transformational results
- case studies, stories, and other educational tools illustrating positive outcomes for people living with dementia
- ways to respond to anxiety and distress in people living with dementia

An essential read for all professionals in long-term care, including administrators, medical directors, nursing staff, psychologists and counsellors, social workers, and policy makers, the ideas presented here call for a revolution in dementia care—one that always puts the person first.

“This second edition of a classic. . . . Offers new hope for the future of aging and care.”

—**Peter Whitehouse, M.D.**, Professor of Neurology, Case Western Reserve University

“. . . a tour de force. The first edition of the book was excellent, yet the second edition is even more enriching.”

—**Karen Love**, Executive Director, Dementia Action Alliance



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