



Tennis Doctor: The Essential Courtside Companion

Alexander McNab

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This book is written to help tennis players of all abilities hit all of the essential shots, correct common stroking errors, & incorporate the nuances of pace, spin, trajectory, & court position into their shot-making. It also includes a brief primer on some elements of match play & a few ideas about practice, conditioning, & equipment. The book is organized as an easy-access guide to the fundamentals of sound stroking & the cures for common tennis ills. The goal of this book is to lead you to more consistent shot-making, better results, & greater enjoyment when you step on the court. Illustrated. Pocket-sized.

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