



Evidence-Based Addiction Treatment

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The addictions treatment field is currently undergoing a period of increased scrutiny, upheaval and change. The growing emphasis on treatment accountability and cost effectiveness is leading to major changes in standards of care. Inconsistent practices based solely on clinical intuition rather than hard scientific evidence of treatment efficacy are rapidly becoming unacceptable.

Translating science-based treatments into clinical settings is an important priority in the addictions field and has been the subject of an influential Institute of Medicine report. Substance abuse treatment programs are now mandated to provide evidence-based treatments, with funding and insurance reimbursement contingent on their doing so.

Evidence-Based Addiction Treatment provides a state-of-the-art compilation of assessment and treatment practices with proven effectiveness. A substantial body of evidence is presented to provide students, academics and clinicians with specific science-based treatments that work. Written at a level appropriate for a variety of audiences, research studies are discussed but highly sophisticated knowledge in research methodology is not required.

- Treatments that work
- Explicit case examples
- Contributions by well-known researchers on addiction treatment
- Simple ways to evaluate treatment effectiveness
- Accompanying web-site with exam questions

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