



# Medical book of remedies: 50 ways to manage diabetes

*Jean Betschart-Roemer*

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**Medical book of remedies: 50 ways to manage diabetes** Jean Betschart-Roemer

Nationally recognized experts on diabetes show readers how to live with the illness as comfortably as possible through fifty guidelines for making meal planning easier, working with doctors to bring their glucose levels down, and much more.

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