



What You Need to Know about Concussions

(Focus on Health)

Kristine Carlson Asselin

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Concussions are a common injury due to their frequency in contact sports. But the more you know about the causes, symptoms, and treatment of concussions, the better equipped you are to understand this condition. Clear, concise information breaks down the injury, the experience of having a concussion or relating to someone who has cancer. Be inspired by true stories from youths who have experienced concussions in their own lives and how they battled the condition.



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