



## Broken: One's Battle with Sanity

*Paula Sievers, Merilee B Sader*

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She had an adversary, an invisible cohort who, despite her unwillingness, triggered her to participate in all types of bizarre behaviors during the course of forty years. It was a tremendous challenge to remain sane. However, the main trial was faced by her caregivers. Clara's unpredictable nature could have easily caused a lack of love on their part but they were family and possessed a dedicated source of acceptance. Who could have predicted that Clara's battle would have its victor because of her tenacity to overcome the obstacle of bipolar schizoid-affective disorder? This story is a true look into Clara's life as she grapples with the illness that plagues millions today.

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