



INSIDE THE MIND OF AN ANGRY MAN: Help for Angry Men and Those that Love Them

M.C. LPC Evan L. Katz

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Evan Katz, affectionately known as The Anger Guy, has a unique ability to identify and connect with the underlying causes of anger in men. By telling his own story, Evan leads the way through the angry man's mind, shining light on why angry men really act the way they do. His disarming delivery, open-hearted humor and penetrating wisdom bring enlightenment to the mysteries of a man's rage and expose the path to the personal freedom and respect he longs for. If you're an angry man, or if you feel hurt and mistreated by one, this book will open doors of understanding and help bring peace to your life and your home. As a psychotherapist specialized in counseling with angry men, Evan has the skill, technique and experience to guide men to see things in themselves they haven't seen before. As a public speaker, he guides both professionals and the public through laughter and heartfelt self-examination, down a pathway to begin the journey toward wholeness and renewed relationships.

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