



# Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention

*Stanley Mirsky, Joan Heilman*

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## **Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention**

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“This is a must-read book or all diabetics.”

–Derek LeRoith, M.D., chief of endocrinology, Mount Sinai School of Medicine

The number of diabetics in the United States has increased 61 percent in the last decade. Now this classic, accessible guide has been completely revised with new information on pre-diabetes and prevention, as well as

- the Metabolic Syndrome: risk factors that, along with genetic predisposition, sow the seeds of diabetes
- diet: sensible, easy—to-follow suggestions about what, when, and how much to eat (and the choices are delicious!)
- new drugs: inhaled insulin powder, combination pills, insulin that lasts twenty-four hours, fast-acting “designer” insulin, and other milestones
- cutting-edge equipment: state-of-the-art insulin pumps, glucose monitors, and pen injectors
- complications: innovations for preventing heart disease, kidney failure, neuropathy of the feet and legs, and loss of vision
- stem cell research: the imminent possibility of using stem cells as a source of insulin-producing beta cells
- surgical options: transplantation techniques

If you’re a diabetic or care about someone who is, this comprehensive guide and daily companion belongs front and center on your bookshelf and in your life.

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#### **Minerva Garrison:**

A lot of people always spent their very own free time to vacation or even go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. In order to try to find a new activity this is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you just read you can spent all day every day to reading a publication. The book Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention it is very good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In case you did not have enough space to create this book you can buy often the e-book. You can m0ore quickly to read this book from the smart phone. The price is not too costly but this book offers high quality.

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The reason? Because this Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will zap you with the secret it inside. Reading this book next to it was fantastic author who have write the book in such wonderful way makes the content within easier to understand, entertaining method but still convey the meaning fully. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of gains than the other book get such as help improving your

proficiency and your critical thinking way. So , still want to postpone having that book? If I have been you I will go to the guide store hurriedly.

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