



2017 Cow Yoga Mini Wall Calendar

Willow Creek Press

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Fascination with yoga is sweeping pastures throughout the world. Cows are turning to this ancient discipline in herds to reap the benefits of relaxation, flexibility and increased milk production. Twelve classic cow poses, including Downward Facing Bovine (Udder Mooca Svavasana), are aptly demonstrated in this unique calendar. While ideal for small spaces, the calendars grids still provide ample room for jotting notes, appointments, birthdays and reminders. Also includes six bonus months of July through December 2016.

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