



Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Simple Flowers)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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The reason why? Because this Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Simple Flowers) is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will zap you with the secret the idea inside. Reading this book alongside it was fantastic author who all write the book in such incredible way makes the content inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of benefits than the other book include such as help improving your talent and your critical thinking way. So , still want to hold off having that book? If I ended up you I will go to the e-book store hurriedly.

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