



Erasing ED Treatment Manual: Tools and Foundations For Eating Disorder Recovery

Sheira Kahn MFT, Nicole Laby MFT

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The Erasing ED Treatment Manual, a companion to the award-winning documentary aired nationally on PBS, provides a digest of information on the assessment, diagnosis, medical aspects, causes and treatment of eating disorders. It is written for mental and physical health-care providers, but clear language makes it accessible to non-professionals.

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