



# Grandparenting: A Survival Guide: How Better to Understand Yourself, Your Children, and Your Children's Children

*Margery Fridstein*

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## **Grandparenting: A Survival Guide: How Better to Understand Yourself, Your Children, and Your Children's Children** Margery Fridstein

This book is not only a gift to grandparents, but a wonderful resource for parents and others who work with children. The information is comprehensive and the list of resources invaluable. Fridstein tells it like it is, acknowledging the variations of family constellations, while creating safety for grandparents feelings about their role. Never overly clinical, it is flavored lovingly, honestly, and humorously. Her words comfort and inspire.



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