



## International Games: Building Skills Through Multicultural Play

*Gayle Horowitz*

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You can find many books that build the motor skills that kids need to succeed in a variety of physical activities and sports. But not many books open kids' eyes to the cultures and traditions of other countries, giving them a greater appreciation for and understanding of the world around them at the same time.

*International Games: Building Skills Through Multicultural Play* features 65 games from 32 countries. The games build players' physical skills while increasing their cultural awareness, so they focus on the similarities between people no matter where they come from.

The games make your teaching simple and effective. Most games require little in the way of equipment, and in many cases where equipment is needed, it can be made for a small cost. Each game

- is presented in an easy-to-use format;
- includes interesting information on the origin of the game; and
- is clearly illustrated, showing pertinent parts of the game.

*International Games* is great for physical education class or for an interdisciplinary multicultural unit taught in conjunction with other subjects, such as social studies or geography. To facilitate its use as an interdisciplinary tool, the book includes end-of-unit quizzes.

The book can be used in two ways: You can work progressively by skill or teach the games by region. Activities are arranged so that each activity builds on skills learned in the previous activity. The book includes a game finder so you can easily find the game you want whether you teach by skill or by region.

However you choose to use the games in this book, *International Games* provides a wealth of ideas for teaching kids about the world while they build their motor skills.

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### **Gayle Horowitz**

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