



Runic Palmistry

Jon Saint-Germain

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Think about the many different things you do with your hands each day: eating, writing, gesturing, caressing a loved one. Now take a close look at your hand. Is your palm round or square? The shape reveals your instinctive reactions to life. Square hands are generally "thinkers," while round hands are more likely to be "feelers." Are your fingers short and plump or long and thin? Your fingers reveal how you approach the world around you.

The hand is the visible agent of the brain?an extension of the mind?and through our hands we manipulate the world around us. Our hands reflect our moods and thoughts. Over time, through habitual mannerisms and gestures, our unique personalities are recorded on our hands.

Runic Palmistry describes a system of palm reading handed down orally through the women of four generations of the author's family. In this system, lines of the palm are called "branches" and the mounts of the palm are named after Norse deities. This unique book will show you how to:

- Find runic symbols within the palm and discover how to tell which ones are active at any given time in a person's life.
- Combine palm reading with a runecast to provide a complete picture of someone's past, present, and future.
- Discover the meanings of the 24 runic symbols, how to construct your own set of runes, and how to handle them to respect their energies.

Those new to palmistry will find that Runic Palmistry provides a complete and detailed system for accurate readings. Experienced palmists will discover valuable new insights into the way symbols work in the hand.

In the following excerpt, author Jon St. Germain describes how he developed *Runic Palmistry* based on his family's unique traditions.

Knowing that the techniques and traditions I had learned had been passed down in my family for generations, I became very curious about the origins of our unusual palmistry system. I remembered the stories my grandmother told about the Norse gods and heroes. Where had she learned them? Unfortunately, Grandma had passed away years before and couldn't answer my questions.

All I knew for sure was that my family possessed a hitherto unknown method of reading palms based on ancient Norse divination techniques. The origins of this system appeared to be lost in the mists of time. Since I couldn't find any reference to the Norse Palmistry system anywhere else, I decided to take the scraps of information and record them, before they were lost forever.

When runestones (an ancient Norse method of divination) became available to the public I began incorporating runecasts into Norse palmistry readings. The two seemed to go hand in hand, so I gave a set of runestones to my Aunt Eliza for her 96th birthday. She seemed delighted with her new toys and immediately threw herself into studying them.

A few months later I received a letter from Aunt Eliza containing many pages of notes and drawings. She had discovered the Runic symbols could be found in the palm of the hand itself. This breakthrough, the most

important component of Runic palmistry, came as a natural evolution of the family tradition! The last piece had fallen into place. Thanks to Aunt Eliza's observation, I've seen that almost everyone has Runes hidden in their hands.

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